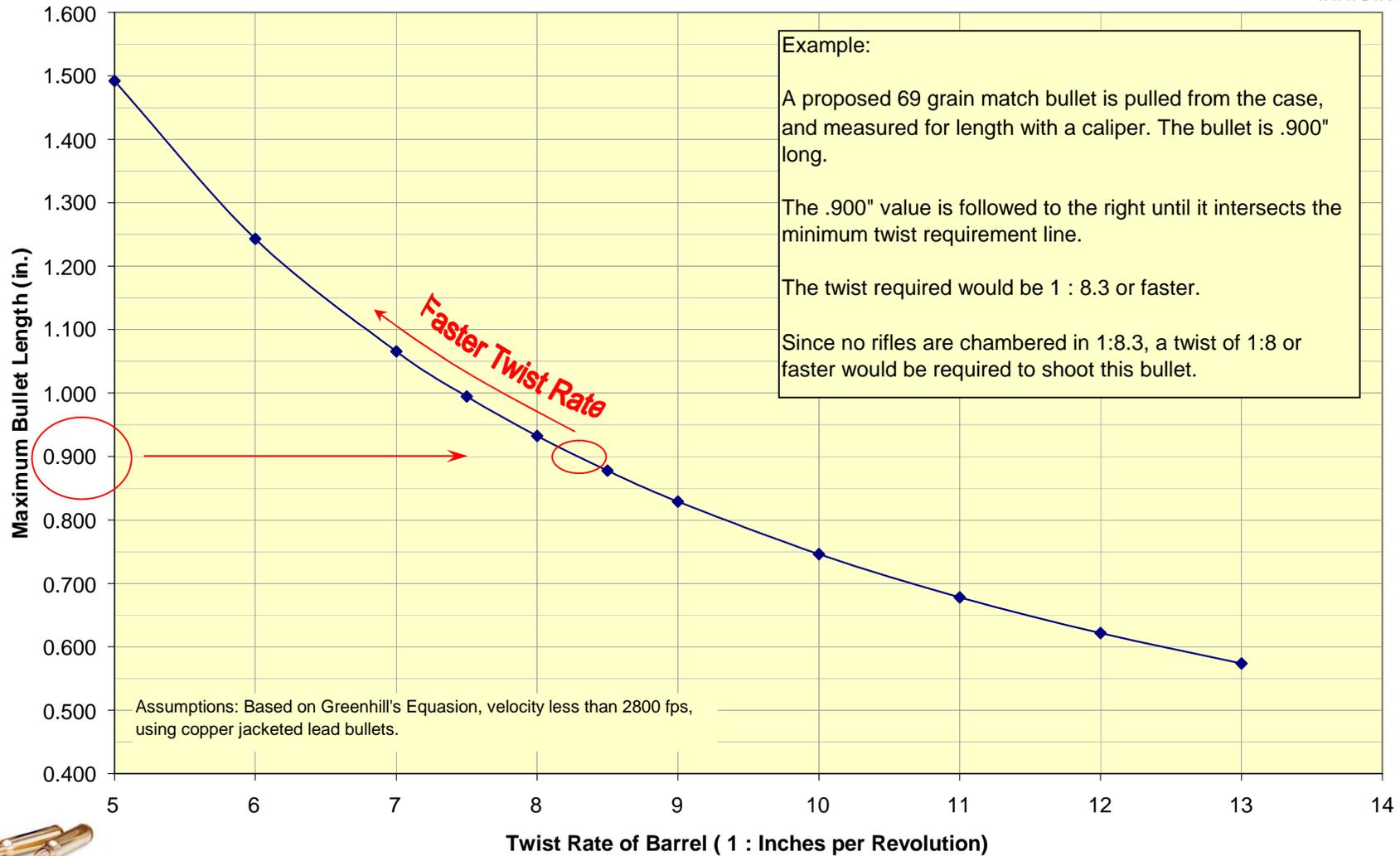




## 223 Rifle Twist Chart



Bullet Twist and Maximum Bullet Length  
 Based off the Greenhill Equation

| Rifle Twist Rate ( Inches for one full revolution) | Maximum Bullet Length |       |     |
|--|-----------------------|-------|-----|
| 5  | 1.492                 | 0.223 | 150 |
| 6  | 1.243                 | 0.223 | 150 |
| 7  | 1.066                 | 0.223 | 150 |
| 7.5  | 0.995                 | 0.223 | 150 |
| 8  | 0.932                 | 0.223 | 150 |
| 8.5  | 0.878                 | 0.223 | 150 |
| 9  | 0.829                 | 0.223 | 150 |
| 10   | 0.746                 | 0.223 | 150 |
| 11   | 0.678                 | 0.223 | 150 |
| 12   | 0.622                 | 0.223 | 150 |
| 13   | 0.574                 | 0.223 | 150 |
|  |                       |       |     |
|  |                       |       |     |